

# MY BEST FUTURE

APPRECIATIVE INQUIRY TO TAP  
INTO THE WHISPERS

**IMAGINE YOUR BEST FUTURE**  
**2 YEARS, 3 YEARS, 5 YEARS FROM TODAY**

Where would I be?

Who would I be with?

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**PODCAST 108:**

THE CROSSROADS  
BETWEEN MUST,  
SHOULD AND WANT

# MY BEST FUTURE

APPRECIATIVE INQUIRY TO TAP  
INTO THE WHISPERS

**IMAGINE YOUR BEST FUTURE**  
**2 YEARS, 3 YEARS, 5 YEARS FROM TODAY**

What would I be doing?

How would I feel?

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**PODCAST 108:**

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## TOP REGRETS

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I wish I'd had the courage to live a life true to myself, not the life others expected of me

### Inspired Action

If I felt more courageous I would:

*"It's impossible, said pride*

*It's risky, said experience*

*Give it a try, said the heart"*

I wish hadn't worked so hard

### Inspired Action

One thing I could do to bring more ease into my life / work is:

I wish I'd had the courage to express my true feelings

### Inspired Action

The feelings I would like to amplify in my life are:

## TOP REGRETS

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I wish I had stayed in touch with my friends

### **Inspired Action**

One person I could reach out to is:

*"It's impossible, said pride*

*It's risky, said experience*

*Give it a try, said the heart"*

I wish I had let myself be happier

### **Inspired Action**

To create more joy in my life I can:

*[Petrakolber.com/confidence](http://Petrakolber.com/confidence)*